



2010 Asian Short Track Speed Skating Trophy
Sagamihara City, JAPAN
March 13-14, 2010

ANNOUNCEMENT

The Asian Skating Union and the Japan Skating federation are honored to invite you to participate in the ASU Asian Short Track Speed Skating Trophy 2010. Which will be held in Sagamihara City, Japan, March 13-14, 2010.

GENERAL RULES

The ASU Asian Short Track Speed Skating Trophy 2010 will be held in accordance with the 2008 Regulations of the International Skating Union and relevant Communications. Participation in the ASU Asian Short Track Speed Skating Trophy 2010 is open to all skaters who belong to an ASU Member Federation.

PROGRAM (Subject to change if necessary)

March 13, 2010 Saturday 9:00

Novice 1500m Heats Ladies/Men

Junior 1500m Heats Ladies/Men

Ice Res. (Track)

Senior 1500m Heats Ladies/Men

Ice Res. (Track)

Novice 1500m Semi-Finals Ladies/Men

Junior 1500m Semi-Finals Ladies/Men

Senior 1500m Semi-Finals Ladies/Men

Ice Res. (Track)

Novice 1500m Finals Ladies/Men

Junior 1500m Finals Ladies/Men

Senior 1500m Finals Ladies/Men

Ice Res. (Track)

Novice 2000m Relay Finals Ladies

Novice 2000m Relay Finals Men

Awarding Ceremony on Ice

Ice Res. (Full)

Novice 500m Heats Ladies/Men

Junior 500m Heats Ladies/Men

Ice Res. (Track)

Senior 500m Heats Ladies/Men

Ice Res. (Track)



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Novice 500m Quarter-Finals Ladies/Men

Junior 500m Quarter-Finals Ladies/Men

Senior 500m Quarter-Finals Ladies/Men

Ice Res. (Track)

Novice 500m Semi-Finals Ladies/Men

Junior 500m Semi-Finals Ladies/Men

Senior 500m Semi-Finals Ladies/Men

Ice Res. (Track)

Novice 500m Finals Ladies/Men

Junior 500m Finals Ladies/Men

Senior 500m Finals Ladies/Men

Ice Res. (Full)

Senior 3000m Heats Ladies/Men

Award Ceremony

18:50 END

March 14, 2010 Sunday 10:00

Novice 1000m Heats Ladies/Men

Junior 1000m Heats Ladies/Men

Ice Res. (Track)

Senior 1000m Heats Ladies/Men

Ice Res. (Track)

Novice 1000m Quarter-Finals Ladies/Men

Junior 1000m Quarter-Finals Ladies/Men

Senior 1000m Quarter-Finals Ladies/Men

Ice Res. (Track)

Novice 1000m Semi-Finals Ladies/Men

Junior 1000m Semi-Finals Ladies/Men

Senior 1000m Semi-Finals Ladies/Men

Ice Res. (Track)

Novice 1000m Finals Ladies/Men

Junior 1000m Finals Ladies/Men

Senior 1000m Finals Ladies/Men

Ice Res. (Full)

Senior 3000m Finals Ladies/Men

Junior 2000m Relay Finals Ladies



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Junior 2000m Relay Finals Men

Ice Res. (Full)

Senior 3000m Relay Finals Ladies

Senior 5000m Relay Finals Men

Award Ceremony

17:00 END

TRACK CONDITIONS AND RINK DIMENSIONS

The Ginga Arena Ice Rink built in 1991, with an artificially refrigerated indoor ice surface of 60x30 square meters in compliance with Rule 280 and the ISU Memorandum for Short Track Speed Skating Championships. Protective padding covered the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 1512. The standard track will be laid out 111.12 meters to the lap.

ENTRIES

- For Senior categories, only skaters may compete who have reached at least the age of 15 before July 1st, 2009.
- For Junior categories, only skaters may compete who have reached at least the age of 14 and has not reached the age of 19 before July 1st, 2009.
- For Novice categories, only skaters may compete who have reached at least the age of 10 and has not reached the age of 14 before July 1st, 2009.

EVENTS

Distances	500m	1000m	1500m	3000M	RELAY
Senior MEN	★	★	★	★	★(5000m)
Senior LADIES	★	★	★	★	★(3000m)
Junior MEN	★	★	★	X	★(2000m)
Junior LADIES	★	★	★	X	★(2000m)
Novice Boys	★	★	★	X	★(2000m)
Novice Girls	★	★	★	X	★(2000m)

“★” means available, “X” means not available

Each ASU Member may enter four (4) skaters in each category.

Preliminary Entry by numbers and Hotel Sheet shall be received by the Organizing Committee not later than **February 15, 2010**. Final Entries (including travel information) shall received by the Organizing Committee not later than **March 8, 2010**



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REGISTRATION

Competitors must be present in Sagamihara at 18:00 o'clock at the latest on **March 12, 2010** or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due time for the Championships. Competitors who do not comply with these requirements will be excluded.

CITIZENSHIPS/RESIDENCE REQUIREMENTS & CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No.1420, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

SEEDING PROCEDURE

The make up of the first qualifying round of each distance shall be based on the current distance ranking following the principles of Rule 296, of the 2008 ISU Regulations. Progression to subsequent qualifying rounds shall be according to Rule 295, paragraph 2.

LIABILITY, MEDICAL INSURANCE AND MEDICAL SERVICE

The ASU, the Japan Skating federation and the Organizing Committee assume no responsibility for or liability with respect to medical bodily or personal injury or property loss or damage incurred in connection with this Competitions. Each Member is solely responsible for providing insurance (medical and accident) coverage for their athletes. Medical service will be ensured for official and unofficial practice sessions and competitions.

TRAINING SESSIONS

All training sessions will take place at the competition venue. The Organizing Committee will prepare the schedule of Official Practice Session upon receipt of the final entries and travel information.



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ACCOMMODATION

All participants should bear their own expenses for accommodation.

The cost of a room at the official hotel (Team Hotel) is as follows:

Twin use (per person per night): JPY8, 000 (with breakfast, including taxes)

Single room (per night): JPY8, 500 (with breakfast, including taxes)

*The twin rooms will be assigned on first-come-first-served bases, as they are limited in number.

*Payment: Cash; in JP¥ or Credit card; VISA, Master, Diners Club, American Express

All arrangements for accommodations must be made through the Organizing Committee.

OFFICIAL HOTELS

The Organizing Committee will arrange hotel reservations for the participants at the following official hotels;

·**Hotel Machida Villa** (Team Hotel) ·**Hotel The Ellyc** (ASU · OC)

Hotel requirements must be communicated to the Organizing Committee as soon as possible, but no later than **Wednesday, February 17, 2010**.

TRANSPORTATION

The Organizing Committee will provide transportation between New Tokyo International Airport (Narita Airport) and the official hotels, from Thursday, March 11, 2010 to Monday, March 15, 2010. The travel expense will be 3,000 JPY per person (one way) by bus for every team members. Expenses for team officials, who do not accompany their team members, are to be borne by themselves.

The Organizing Committee will also provide transportation between the official hotel and the Gianga Arena during the competition days and the training periods, starting from Friday, March 12, 2010.

The date, airline, flight number, expected time of arrival and the date and time of departure should be communicated to the Organizing Committee as soon as possible, but no later than **Wednesday, February 17, 2010**. Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be transported.

THE ORGANIZING COMMITTEE

All entries, hotel reservation and media accreditation requests, as well as other inquiries should be addressed as soon as possible to:

ASU Asian Short Track Speed Skating Trophy 2010, Sagamihara, Japan

1-1-1, Jinnan, Shibuya-ku, Tokyo 150-8050 JAPAN

Tel: (+81) 3 34 81 23 51 / Fax: (+81) 3 34 81 23 50

E-mail: info@skatingjapan.or.jp

Web site Results and other information concerning the competition will be available at the following website: <http://www.skatingjapan.jp/>