

All Japan Selected Speed Skating Competition(Provisional)

Day 1

as of 21 Nov. 2022

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		9:00	9:40
Ice preparation						20'00	9:40	10:00
Ice training				1 x 40'00	40'00		10:00	10:40
Ice preparation						20'00	10:40	11:00
Ice training				1 x 40'00	40'00		11:00	11:40
Ice training				1 x 30'00	30'00		14:30	15:00
Ice preparation						10'00	15:00	15:10
Warm up				1 x 25'00	25'00		15:10	15:35
Ice preparation						25'00	15:35	16:00
Women		500m	17	9 p x 02'00	18'00		16:00	16:18
Ice preparation (race lanes)		(Prize giving - W500m)				18'00	16:18	16:36
Men		500m	28	14 p x 02'00	28'00		16:36	17:04
Ice preparation		(Prize giving - M500m)				20'00	17:04	17:24
Men		3000m		2 q x 06'00	12'00		17:24	17:36
		(Prize giving - M5000m)				03'00	17:36	17:39
Ice training				1 x 30'00	30'00		17:39	18:09
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men:

All Japan Selected Speed Skating Competition(Provisional)

Day 2

as of 21 Nov. 2022

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 30'00	30'00		7:30	8:00
Ice preparation						10'00	8:00	8:10
Warm up				1 x 25'00	25'00		8:10	8:35
Ice preparation						25'00	8:35	9:00
Women		3000m	20	5 q x 06'00	30'00		9:00	9:30
Ice preparation		(Prize giving - W3000m)				20'00	9:30	9:50
Men		5000m	29	4 q x 08'30	34'00		9:50	10:24
Ice preparation (race lanes)						15'00	10:24	10:39
Men		5000m		4 q x 08'15	33'00		10:39	11:12
						03'00	11:12	11:15
Warm up		(Prize giving - M5000m)		1 x 25'00	25'00		11:15	11:40
Ice preparation						20'00	11:40	12:00
Women		1000m	27	7 q x 03'15	23'00		12:00	12:23
Ice preparation (race lanes)		(Prize giving - W1000m)				18'00	12:23	12:41
Men		1000m	34	9 q x 03'15	29'00		12:41	13:10
		(Prize giving - M1000m)				03'00	13:10	13:13
Ice training				1 x 30'00	30'00		13:13	13:43
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men:

All Japan Selected Speed Skating Competition(Provisional)

Day 3

as of 21 Nov. 2022

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 30'00	30'00		7:30	8:00
Ice preparation						10'00	8:00	8:10
Warm up				1 x 25'00	25'00		8:10	8:35
Ice preparation						25'00	8:35	9:00
Men		10000m	12	2 q x 16'00	32'00		9:00	9:32
Ice preparation (race lanes)						15	9:32	9:47
		10000m		1 q x 16'00	16'00		9:47	10:03
						5	10:03	10:08
Women		5000m	8	2 q x 09'20	19'00		10:08	10:27
		(Prize giving - M10000m)				03'00	10:27	10:30
Warm up		(Prize giving - W5000m)		1 x 25'00	25'00		10:30	10:55
Ice preparation						20'00	10:55	11:15
Men		1500m	30	8 q x 03'30	28'00		11:15	11:43
Ice preparation (race lanes)		(Prize giving - M1500m)				18'00	11:43	12:01
Women		1500m	25	7 q x 03'45	26'00		12:01	12:27
Ice preparation		(Prize giving - W1500m)				20'00	12:27	12:47
Men		MS	20	1 H x 15'00	15'00		12:47	13:02
Change system						15'00	13:02	13:17
Women		MS	14	1 H x 15'00	15'00		13:17	13:32
		(Prize giving - MSR Men & Women)						
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men: