

The 87th All Japan Speed Skating Championships (Draft)

Day 1

as of Dec.12, 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		9:10	9:50
Ice preparation						15'00	9:50	10:05
Ice training				1 x 40'00	40'00		10:05	10:45
Ice preparation						15'00	10:45	11:00
Warm-up (for Day 1)	(Opening Ceremony)			1 x 40'00	40'00		11:00	11:40
Ice preparation						20'00	11:40	12:00
Ladies	AR	500m	23	12 p x 01'45	21'00		12:00	12:21
Ice preparation (race lanes)						12'00	12:21	12:33
Men	AR	500m	26	13 p x 01'45	23'00		12:33	12:56
Ice preparation (race lanes)						12'00	12:56	13:08
Ladies	AR	3000m	23	5 p x 05'30	28'00		13:08	13:36
Ice preparation (race lanes)						12'00	13:36	13:48
Ladies	AR	3000m		5 p x 05'30	28'00		13:48	14:16
Ice preparation (race lanes)						12'00	14:16	14:28
Ladies	AR	3000m		2 p x 05'30	11'00		14:28	14:39
<i>Change system</i>						02'00	14:39	14:41
Ladies	Sr.	3000m	8	4 p x 05'30	22'00		14:41	15:03
Ice preparation		(Flower giving - AR Ladies)				18'00	15:03	15:21
Men	AR	5000m	26	5 p x 08'00	40'00		15:21	16:01
Ice preparation (race lanes)						12'00	16:01	16:13
Men	AR	5000m		5 p x 08'00	40'00		16:13	16:53
Ice preparation (race lanes)						12'00	16:53	17:05
Men	AR	5000m		3 p x 08'00	24'00		17:05	17:29
<i>Change system</i>						02'00	17:29	17:31
Men	Sr.	5000m	4	2 p x 08'00	16'00		17:31	17:47
		(Flower giving - AR Men)				06'00	17:47	17:53
Ice training				1 x 30'00	30'00		17:53	18:23

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Day 2

as of Dec.12, 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		8:40	9:20
Ice preparation						15'00	9:20	9:35
Ice training				1 x 40'00	40'00		9:35	10:15
Ice preparation						15'00	10:15	10:30
Warm-up (for Day 2)				1 x 40'00	40'00		10:30	11:10
Ice preparation						20'00	11:10	11:30
Ladies	AR	1500m	23	8 p x 03'15	26'00		11:30	11:56
Ice preparation (race lanes)						12'00	11:56	12:08
Ladies	AR	1500m		4 p x 03'15	13'00		12:08	12:21
<i>Change system</i>						02'00	12:21	12:23
Ladies	Sr.	1500m	8	4 p x 03'15	13'00		12:23	12:36
Ice preparation (race lanes)						12'00	12:36	12:48
Men	AR	1500m	26	8 p x 03'00	24'00		12:48	13:12
Ice preparation (race lanes)						12'00	13:12	13:24
Men	AR	1500m		5 p x 03'00	15'00		13:24	13:39
<i>Change system</i>						02'00	13:39	13:41
Men	Sr.	1500m	8	4 p x 03'00	12'00		13:41	13:53
Ice preparation						18'00	13:53	14:11
Ladies	AR	5000m	8	3 p x 08'30	26'00		14:11	14:37
Ice preparation (race lanes)						12'00	14:37	14:49
Ladies	AR	5000m		1 p x 08'30	09'00		14:49	14:58
<i>Change system</i>						02'00	14:58	15:00
Ladies	Sr.	5000m	4	2 p x 08'30	17'00		15:00	15:17
Ice preparation		(Flower giving - AR Ladies)				18'00	15:17	15:35
Men	AR	10000m	8	2 p x 14'30	29'00		15:35	16:04
Ice preparation (race lanes)						12'00	16:04	16:16
Men	AR	10000m		2 p x 14'30	29'00		16:16	16:45
Ice preparation (race lanes)		(Flower giving - AR Men)				18'00	16:45	17:03
Men	Sr.	10000m	4	2 p x 14'30	29'00		17:03	17:32
						07'00	17:32	17:39
Ice training						30'00	17:39	18:09
SCHEDULE WITH ALL RESERVE								

**The 87th All Japan Speed Skating Championships
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Day 3

as of Dec.12, 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		8:10	8:50
Ice preparation						15'00	8:50	9:05
Ice training				1 x 40'00	40'00		9:05	9:45
Ice preparation						15'00	9:45	10:00
Warm-up (for Day 3)				1 x 40'00	40'00		10:00	10:40
Ice preparation						20'00	10:40	11:00
Ladies	SP	500m	34	17 p x 02'10	37'00		11:00	11:37
<i>Change system</i>						02'00	11:37	11:39
Ladies	Sr.	500m	2	1 p x 02'10	02'00		11:39	11:41
Ice preparation (race lanes)						12'00	11:41	11:53
Men	SP	500m	37	19 p x 02'10	41'00		11:53	12:34
Ice preparation						18'00	12:34	12:52
Ladies	SP	1000m	34	9 p x 02'30	23'00		12:52	13:15
Ice preparation (race lanes)						12'00	13:15	13:27
Ladies	SP	1000m		8 p x 02'30	20'00		13:27	13:47
<i>Change system</i>						02'00	13:47	13:49
Ladies	Sr.	1000m	3	2 p x 02'30	05'00		13:49	13:54
Ice preparation		(Flower giving - SP Ladies)				18'00	13:54	14:12
Men	SP	1000m	37	10 p x 02'20	23'00		14:12	14:35
Ice preparation (race lanes)						12'00	14:35	14:47
Men	SP	1000m		9 p x 02'20	21'00		14:47	15:08
<i>Change system</i>						02'00	15:08	15:10
Men	Sr.	1000m	2	1 p x 02'20	02'00		15:10	15:12
		(Flower giving - SP Men)				08'00	15:12	15:20
Ice training				1 x 30'00	30'00		15:20	15:50

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Day 4

as of Dec.12, 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		9:40	10:20
Ice preparation						15'00	10:20	10:35
Ice training				1 x 40'00	40'00		10:35	11:15
Ice preparation						15'00	11:15	11:30
Warm-up (for Day 3)				1 x 40'00	40'00		11:30	12:10
Ice preparation						20'00	12:10	12:30
Ladies	SP	500m	34	17 p x 02'10	37'00		12:30	13:07
Ice preparation (race lanes)						02'00	13:07	13:09
Ladies	Sr.	500m	1	1 p x 02'10	02'00		13:09	13:11
Ice preparation (race lanes)						12'00	13:11	13:23
Men	SP	500m	37	19 p x 02'10	41'00		13:23	14:04
<i>Change system</i>						02'00	14:04	14:06
Men	Sr.	500m	1	1 p x 02'10	02'00		14:06	14:08
Ice preparation						18'00	14:08	14:26
Ladies	SP	1000m	34	10 p x 02'30	25'00		14:26	14:51
Ice preparation (race lanes)						12'00	14:51	15:03
Ladies	SP	1000m		7 p x 02'30	18'00		15:03	15:21
<i>Change system</i>						02'00	15:21	15:23
Ladies	Sr.	1000m	3	2 p x 02'30	05'00		15:23	15:28
Ice preparation		(Flower giving - SP Ladies)				18'00	15:28	15:46
Men	SP	1000m	37	10 p x 02'20	23'00		15:46	16:09
Ice preparation (race lanes)						12'00	16:09	16:21
Men	SP	1000m		9 p x 02'20	21'00		16:21	16:42
<i>Change system</i>						02'00	16:42	16:44
Men	Sr.	1000m	2	1 p x 02'20	02'00		16:44	16:46
		(Flower giving - SP Men)				08'00	16:46	16:54