

All Japan Selected Speed Skating competition

Day 1

as of 19 Nov 2021

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Ice training			1 x 30'00	30		7:30	8:00
Ice preparation					15'00	8:00	8:15
Warm up			1 x 25'00	25		8:15	8:40
Ice preparation					20'00	8:40	9:00
Women	500m	34	17 p x 02'00	34'00		9:00	9:34
Ice preparation (race lanes)	(Flower giving - Women500m)				12'00	9:34	9:46
Men	500m	36	18 p x 02'00	36'00	3'00	9:46	10:25
Warm up	(Flower giving - Men500m)			30		10:25	10:55
Ice preparation					20'00	10:55	11:15
Women	3000m	41	6 Q x 06'00	36'00		11:15	11:51
Ice preparation (race lanes)					12'00	11:51	12:03
Women	3000m		5 Q x 06'00	30'00		12:03	12:33
Ice preparation	(Flower giving - Women3000m)				12'00	12:33	12:45
Men	5000m	34	5 Q x 08'30	43'00		12:45	13:28
Ice preparation (race lanes)					12'00	13:28	13:40
Men	5000m		4 Q x 08'30	34'00		13:40	14:14
	(Flower giving - Men5000m)				3'00	14:14	14:20
Ice training			1 30'00	30'00		14:20	14:50
SCHEDULE WITH ALL RESERVED							

Signature Referee Women:

Signature Referee Men:

Day 2

as of 20 Nov 2021

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Ice training			1 x 30'00	30'00		7:30	8:00
Ice preparation					15'00	8:00	8:15
Warm up			1 x 25'00	25'00		8:15	8:40
Ice preparation					20'00	8:40	9:00
Men	3000m	13	4 Q x 06'00	24'00		9:00	9:24
Ice preparation	(Flower giving - Men3000m)				20'00	9:24	9:44
Women	1000m	51	13 Q x 03'15	42'00		9:44	10:26
Ice preparation (race lanes)	(Flower giving - Women1000m)				12'00	10:26	10:38
Men	1000m	53	14 Q x 03'00	42'00		10:38	11:20
Warm up	(Flower giving - Men1000m)		1 x 30'00	30'00		11:20	11:50
Ice preparation					20'00	11:50	12:10
Women	5000m	16	4 Q x 09'20	37'00		12:10	12:47
Ice preparation (race lanes)	(Flower giving - Women5000m)				12'00	12:47	12:59
Men	10000m	15	2 Q x 16'00	32'00		12:59	13:31
Ice preparation (race lanes)					12'00	13:31	13:43
Men	10000m		2 Q x 16'00	32'00	3'00	13:43	14:18
Ice training	(Flower giving - Men10000m)		1 x 30'00	30'00		14:18	14:48
SCHEDULE WITH ALL RESERVED							

Signature Referee Women:

Signature Referee Men:

Day 3

as of 21 Nov 2021

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Ice training			1 x 30'00	30'00		7:30	8:00
Ice preparation					15'00	8:00	8:15
Warm up			1 x 25'00	25'00		8:15	8:40
Ice preparation					20'00	8:40	9:00
Women	1500m	43	11 Q x 03'45	41'00		9:00	9:41
Ice preparation (race lanes)	(Flower giving - Women1500m)				12'00	9:41	9:53
Men	1500m	47	12 Q x 03'30	42'00		9:53	10:35
Warm up (for Long distances)	(Flower giving - Men1500m)		1 x 10'00	10'00		10:35	10:45
Ice preparation					20'00	10:45	11:05
Women	MS	16	1 H x 15'00	15'00		11:05	11:20
Change system					10'00	11:20	11:30
Men	MS	24	1 H x 15'00	15'00		11:30	11:45
	(Flower giving - MS)						
SCHEDULE WITH ALL RESERVED							

Signature Referee Women:

Signature Referee Men: