

ALL Japan Selected Speed Skating Competition (Draft)

Day 1

as of October31, 2023

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	Iceprepar.	start	end
Ice traning				1 x 30'00	30'00		8:15	8:45
Ice preparation						15'00	8:45	9:00
Warm up				1 x 30'00	30'00		9:00	9:30
Ice preparation						30'00	9:30	10:00
Women		500m	31	16 p x 02'00	32'00		10:00	10:32
Ice preparation (race lanes)		(Flower giving - W500m)				18'00	10:32	10:50
Men		500m	36	18 p x 02'00	36'00		10:50	11:26
						03'00	11:26	11:29
Warm up		(Flower giving - M500m)		1 x 30'00	30'00		11:26	11:56
Ice preparation						30'00	11:56	12:26
Women		3000m	28	4 q x 06'00	24'00		12:26	12:50
Ice preparation (race lanes)						18'00	12:50	13:08
Women		3000m		3 q x 06'00	18'00		13:08	13:26
Ice preparation		(Flower giving - W3000m)				25'00	13:26	13:51
Men		5000m	41	4 q x 08'30	34'00		13:51	14:25
Ice preparation (race lanes)						18'00	14:25	14:43
Men		5000m		4 q x 08'20	33'00		14:43	15:16
Ice preparation (race lanes)						18'00	15:16	15:34
Men		5000m		3 q x 08'20	25'00		15:34	15:59
						03'00	15:59	16:02
Ice traning		(Flower giving - 5000m)				30'00	16:02	16:32
SCHEDULE WITH ALL RESERVE								

Signature Referee Ladies:

Signature Referee Men:

ALL Japan Selected Speed Skating Competition (Draft)

Day 2

as of October 31, 2023

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	Iceprepar.	start	end
Ice traning				1 x 30'00	30'00		8:15	8:45
Ice preparation						15'00	8:45	9:00
Warm up				1 x 30'00	30'00		9:00	9:30
Ice preparation						30'00	9:30	10:00
Men		3000m	14	4 q x 05'45	23'00		10:00	10:23
Ice preparation (race lanes)		(Flower giving - M3000m)				18'00	10:23	10:41
Women		1000m	46	6 q x 03'15	20'00		10:41	11:01
						18'00	11:01	11:19
Women		1000m		6 q x 03'15	20'00		11:19	11:39
Ice preparation		(Flower giving - W1000m)				25'00	11:39	12:04
Men		1000m	56	7 q x 03'00	21'00		12:04	12:25
Ice preparation (race lanes)						18'00	12:25	12:43
Men		1000m		7 q x 03'00	21'00		12:43	13:04
		(Flower giving - M1000m)				03'00	13:04	13:07
Ice traning						30'00	13:07	13:37
Women								

Signature Referee Ladies:

Signature Referee Men:

ALL Japan Selected Speed Skating Competition (Draft)

Day 3

as of October 31, 2023

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	Iceprepar.	start	end
Ice traning				1 x 30'00	30'00		8:15	8:45
Ice preparation						15'00	8:45	9:00
Warm up				1 x 30'00	30'00		9:00	9:30
Ice preparation						30'00	9:30	10:00
Women		1500m	46	6 q x 03'45	23'00		10:00	10:23
						18'00	10:23	10:41
Women		1500m		6 q x 03'45	23'00		10:41	11:04
Ice preparation (race lanes)		(Flower giving - L1500m)				18'00	11:04	11:22
Men		1500m	54	7 q x 03'30	25'00		11:22	11:47
Ice preparation (race lanes)						18'00	11:47	12:05
Men		1500m		7 q x 03'30	25'00		12:05	12:30
						03'00	12:30	12:33
Warm up		(Flower giving - M1500m)		1 x 10'00	10'00		12:33	12:43
Ice preparation						20'00	12:43	13:03
Women		Mass start F	14	1 h x 15'00	15'00		13:03	13:18
						15'00	13:18	13:33
Men		Mass start F	15	1 h x 15'00	15'00		13:33	13:48
		(Flower giving - MS)						

SCHEDULE WITH ALL RESERVE

Signature Referee Ladies:

Signature Referee Men: