

The 26th All Japan Speed Skating Single Distances Championships

Day 2

as of 25 Oct. 2019

Category	Div.	Distance	Number of skaters	Series x time	Time	Planning		
						compet.	iceprepar.	start
Ice training				1 x 45'00	45'00		8:30	9:15
Ice preparation						15'00	9:15	9:30
Ice training				1 x 45'00	45'00		9:30	10:15
Ice preparation						20'00	10:15	10:35
Men	Jr	1000m	17	9 p x 02'20	21'00		10:35	10:56
Change system						02'00	10:56	10:58
Ladies	Jr	1000m	17	9 p x 02'30	23'00		10:58	11:21
Ice preparation (race lanes)						12'00	11:21	11:33
Men	Jr	3000m	21	6 q x 05'30	33'00		11:33	12:06
Warm up (for SD)				1 x 35'00	35'00		12:06	12:41
Ice preparation						19'00	12:41	13:00
Ladies	SD	1000m	25	10 p x 02'30	25'00		13:00	13:25
Ice preparation (race lanes)						12'00	13:25	13:37
Ladies	SD	1000m		3 p x 02'30	08'00		13:37	13:45
Change system						02'00	13:45	13:47
Men	SD	1000m	31	7 p x 02'15	16'00		13:47	14:03
Ice preparation (race lanes)						12'00	14:03	14:15
Men	SD	1000m		9 p x 02'15	20'00		14:15	14:35
Warm up (for MSR)		(Flower giving - 1000m)		1 x 10'00	10'00		14:35	14:45
Ice preparation						20'00	14:45	15:05
Ladies	SD	Mass start	11	1 h x 10'00	10'00		15:05	15:15
Change system						05'00	15:15	15:20
Men	SD	Mass start	11	1 h x 10'00	10'00		15:20	15:30
						03'00	15:30	15:33
Ice training		(Flower giving - Mass start)				30'00	15:33	16:03

SCHEDULE WITH ALL RESERVED

Signature Referee Ladies:

Signature Referee Men: