

# The 28th All Japan Speed Skating Single Distances Championships (Provisional)

## Day 1

as of 16 October 2021

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 45'00	45'00		<b>8:00</b>	<b>8:45</b>
Ice preparation						15'00	<b>8:45</b>	<b>9:00</b>
Ice training				1 x 45'00	45'00		<b>9:00</b>	<b>9:45</b>
Ice preparation						30'00	<b>9:45</b>	<b>10:15</b>
<b>Women</b>	Jr	500m	13	7 p x 01'50	13'00		<b>10:15</b>	<b>10:28</b>
Change system						02'00	<b>10:28</b>	<b>10:30</b>
<b>Men</b>	Jr	500m	15	8 p x 01'50	15'00		<b>10:30</b>	<b>10:45</b>
Ice preparation (race lanes)						15'00	<b>10:45</b>	<b>11:00</b>
<b>Women</b>	Jr	3000m	14	4 q x 06'00	24'00		<b>11:00</b>	<b>11:24</b>
Change system						02'00	<b>11:24</b>	<b>11:26</b>
<b>Men</b>	Jr	5000m	7	2 q x 08'15	17'00		<b>11:26</b>	<b>11:43</b>
Warm up (for SD)				1 x 45'00	45'00		<b>11:43</b>	<b>12:28</b>
Ice preparation						22'00	<b>12:28</b>	<b>12:50</b>
<b>Women</b>	SD	500m	24	12 p x 02'10	26'00		<b>12:50</b>	<b>13:16</b>
Ice preparation (race lanes)						12'00	<b>13:16</b>	<b>13:28</b>
<b>Men</b>	SD	500m	28	14 p x 02'10	30'00		<b>13:28</b>	<b>13:58</b>
Ice preparation		(Flower giving - 500m)				20'00	<b>13:58</b>	<b>14:18</b>
<b>Men</b>	SD	5000m	22	4 p x 07'45	31'00		<b>14:18</b>	<b>14:49</b>
Ice preparation (race lanes)						12'00	<b>14:49</b>	<b>15:01</b>
<b>Men</b>	SD	5000m		4 p x 07'45	31'00		<b>15:01</b>	<b>15:32</b>
Ice preparation (race lanes)						12'00	<b>15:32</b>	<b>15:44</b>
<b>Men</b>	SD	5000m		3 p x 07'45	23'00		<b>15:44</b>	<b>16:07</b>
Ice preparation		(Flower giving - 5000m)				20'00	<b>16:07</b>	<b>16:27</b>
<b>Women</b>	SD	3000m	22	6 p x 05'15	32'00		<b>16:27</b>	<b>16:59</b>
Ice preparation (race lanes)						12'00	<b>16:59</b>	<b>17:11</b>
<b>Women</b>	SD	3000m		5 p x 05'15	26'00		<b>17:11</b>	<b>17:37</b>
						03'00	<b>17:37</b>	<b>17:40</b>
Ice training		(Flower giving - 3000m)		1 x 30'00	30'00		<b>17:40</b>	<b>18:10</b>
<b>SCHEDULE WITH ALL RESERVED</b>								

Signature Referee Women:

Signature Referee Men:

## The 28th All Japan Speed Skating Single Distances Championships (Provisional)

**Day 2**

as of 16 October 2021

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 45'00	45'00		<b>7:30</b>	<b>8:15</b>
Ice preparation						15'00	<b>8:15</b>	<b>8:30</b>
Ice training				1 x 45'00	45'00		<b>8:30</b>	<b>9:15</b>
Ice preparation						30'00	<b>9:15</b>	<b>9:45</b>
<b>Men</b>	Jr	1000m	17	9 p x 02'20	21'00		<b>9:45</b>	<b>10:06</b>
Change system						02'00	<b>10:06</b>	<b>10:08</b>
<b>Women</b>	Jr	1000m	17	9 p x 02'30	23'00		<b>10:08</b>	<b>10:31</b>
Ice preparation (race lanes)						15'00	<b>10:31</b>	<b>10:46</b>
<b>Men</b>	Jr	3000m	22	6 q x 05'30	33'00		<b>10:46</b>	<b>11:19</b>
Warm up (for SD)				1 x 60'00	60'00		<b>11:19</b>	<b>12:19</b>
Ice preparation						<b>41'00</b>	<b>12:19</b>	<b>13:00</b>
<b>Women</b>	SD	1000m	24	12 p x 02'30	30'00		<b>13:00</b>	<b>13:30</b>
Ice preparation		(Flower giving - 1000m)				<b>20'00</b>	<b>13:30</b>	<b>13:50</b>
<b>Men</b>	SD	1000m	25	13 p x 02'15	29'00		<b>13:50</b>	<b>14:19</b>
						03'00	<b>14:19</b>	<b>14:22</b>
Warm up (for MSR)		(Flower giving - 1000m)		1 x 10'00	10'00		<b>14:22</b>	<b>14:32</b>
Ice preparation						20'00	<b>14:32</b>	<b>14:52</b>
<b>Women</b>	SD	Mass start	8	1 h x 10'00	10'00		<b>14:52</b>	<b>15:02</b>
Change system						05'00	<b>15:02</b>	<b>15:07</b>
<b>Men</b>	SD	Mass start	10	1 h x 10'00	10'00		<b>15:07</b>	<b>15:17</b>
						03'00	<b>15:17</b>	<b>15:20</b>
Ice training		(Flower giving - Mass start)				30'00	<b>15:20</b>	<b>15:50</b>
<b>SCHEDULE WITH ALL RESERVED</b>								

Signature Referee Women:

Signature Referee Men:

# The 28th All Japan Speed Skating Single Distances Championships (Provisional)

**Day 3**

as of 16 October 2021

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 45'00	45'00		<b>7:30</b>	<b>8:15</b>
Ice preparation						15'00	<b>8:15</b>	<b>8:30</b>
Ice training				1 x 45'00	45'00		<b>8:30</b>	<b>9:15</b>
Ice preparation						25'00	<b>9:15</b>	<b>9:40</b>
<b>Women</b>	Jr	1500m	22	6 q x 03'45	23'00		<b>9:40</b>	<b>10:03</b>
Change system						02'00	<b>10:03</b>	<b>10:05</b>
<b>Men</b>	Jr	1500m	18	5 q x 03'30	18'00		<b>10:05</b>	<b>10:23</b>
Ice preparation						21'00	<b>10:23</b>	<b>10:44</b>
<b>Women</b>	SD	1500m	23	9 p x 03'15	29'00		<b>10:44</b>	<b>11:13</b>
Ice preparation (race lanes)						12'00	<b>11:13</b>	<b>11:25</b>
<b>Women</b>	SD	1500m		3 p x 03'15	10'00		<b>11:25</b>	<b>11:35</b>
Change system						02'00	<b>11:35</b>	<b>11:37</b>
<b>Men</b>	SD	1500m	30	6 p x 03'00	18'00		<b>11:37</b>	<b>11:55</b>
Ice preparation (race lanes)						12'00	<b>11:55</b>	<b>12:07</b>
<b>Men</b>	SD	1500m		9 p x 03'00	27'00		<b>12:07</b>	<b>12:34</b>
						03'00	<b>12:34</b>	<b>12:37</b>
Warm up (for Long distances)		(Flower giving - 1500m)		1 x 30'00	30'00		<b>12:37</b>	<b>13:07</b>
Ice preparation						23'00	<b>13:07</b>	<b>13:30</b>
<b>Women</b>	SD	5000m	14	4 p x 08'30	34'00		<b>13:30</b>	<b>14:04</b>
Ice preparation (race lanes)						12'00	<b>14:04</b>	<b>14:16</b>
<b>Women</b>	SD	5000m		3 p x 08'30	26'00		<b>14:16</b>	<b>14:42</b>
Ice preparation		(Flower giving - 5000m)				20'00	<b>14:42</b>	<b>15:02</b>
<b>Men</b>	SD	10000m	13	3 p x 15'00	45'00		<b>15:02</b>	<b>15:47</b>
Ice preparation (race lanes)						12'00	<b>15:47</b>	<b>15:59</b>
<b>Men</b>	SD	10000m		2 p x 14'45	30'00		<b>15:59</b>	<b>16:29</b>
Ice preparation (race lanes)						12'00	<b>16:29</b>	<b>16:41</b>
<b>Men</b>	SD	10000m		2 p x 14'45	30'00		<b>16:41</b>	<b>17:11</b>
						05'00	<b>17:11</b>	<b>17:16</b>
		(Flower giving - 10000m)				05'00	<b>17:16</b>	<b>17:21</b>

**SCHEDULE WITH ALL RESERVED**

Signature Referee Women:

Signature Referee Men: