

The 90th All Japan Speed Skating Championships (Provisional)

Day 1

as of 21 December 2022

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	Iceprepar.	start	end
Ice training				1 x 45'00	45'00		10:15	11:00
Ice preparation						15'00	11:00	11:15
Ice training				1 x 45'00	45'00		11:15	12:00
Ice preparation						30'00	12:00	12:30
Opening Declaration							12:15	12:20
Men	SD	500m	24	12 p x 02'10	26'00		12:30	12:56
Ice preparation (race lanes)		(Medal Ceremony - M500m)				20'00	12:56	13:16
Women	SD	1500m	25	13 p x 03'15	42'00		13:16	13:58
Ice preparation		(Medal Ceremony - W1500m)				20'00	13:58	14:18
Men	SD	5000m	25	5 p x 08'15	41'00		14:18	14:59
Ice preparation (race lanes)						15'00	14:59	15:14
Men	SD			4 p x 08'15	33'00		15:14	15:47
Ice preparation (race lanes)						15'00	15:47	16:02
Men	SD			4 p x 08'15	33'00		16:02	16:35
						03'00	16:35	16:38
Ice training		(Medal Ceremony - M5000m)		1 x 30'00	30'00		16:38	17:08
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men:

The 90th All Japan Speed Skating Championships (Provisional)

Day 2

as of 21 December 2022

Category	Div.	Distance	Number of skaters	Series x time	Time	Planning		
					compet.	Iceprepar.	start	end
Ice training				1 x 45'00	45'00		10:15	11:00
Ice preparation						15'00	11:00	11:15
Ice training				1 x 45'00	45'00		11:15	12:00
Ice preparation						30'00	12:00	12:30
Women	SD	500m	26	13 p x 02'10	28'00		12:30	12:58
Ice preparation (race lanes)		(Medal Ceremony - W500m)				20'00	12:58	13:18
Men	SD	1500m	24	12 p x 03'00	36'00		13:18	13:54
Ice preparation		(Medal Ceremony - M1500m)				20'00	13:54	14:14
Women	SD	3000m	25	7 p x 05'30	39'00		14:14	14:53
Ice preparation (race lanes)						15'00	14:53	15:08
Women	SD	3000m		6 p x 05'30	33'00		15:08	15:41
						03'00	15:41	15:44
Ice training		(Medal Ceremony - W3000m)				30'00	15:44	16:14
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men:

The 90th All Japan Speed Skating Championships (Provisional)

Day 3

as of 21 December 2022

Category	Div.	Distance	Number of skaters	Series x time	Time	Planning		
					compet.	Iceprepar.	start	end
Ice training				1 x 45'00	45'00		8:45	9:30
Ice preparation						15'00	9:30	9:45
Ice training				1 x 45'00	45'00		9:45	10:30
Ice preparation						30'00	10:30	11:00
Women	SD	5000m	13	5 p x 08'30	43'00		11:00	11:43
Ice preparation(race lanes)						15'00	11:43	11:58
Women	SD	5000m		2 p x 08'30	17'00		11:58	12:15
Change category						03'00	12:15	12:18
Men	SD	10000m	13	1 p x 15'30	16'00		12:18	12:34
Ice preparation		(Medal Ceremony - W5000m)				20'00	12:34	12:54
Men	SD	10000m		3 p x 15'30	47'00		12:54	13:41
Ice preparation (race lanes)						15'00	13:41	13:56
Men	SD	10000m		3 p x 15'00	45'00		13:56	14:41
Ice preparation		(Medal Ceremony - M10000m)				20'00	14:41	15:01
Women	SD	1000m	29	15 p x 02'30	38'00		15:01	15:39
Ice preparation (race lanes)		(Medal Ceremony - W1000m)				20'00	15:39	15:59
Men	SD	1000m	25	13 p x 02'20	30'00		15:59	16:29
		(Medal Ceremony - M1000m)		1 x 10'00	10'00		16:29	16:39
SCHEDULE WITH ALL RESERVED								

Signature Referee Women:

Signature Referee Men: